## **Bulletin Insert**

## GET ON THE BUS...ALL ABOARD!

Young children to senior adults across Kentucky are helping raise funds to bring back independence and fun-filled memories to the senior residents at Christian Care Communities. Sunday school classes, youth groups, mission organizations and more are helping provide a handicap wheelchair accessible 14-passenger bus. Important trips to the grocery store, health appointments, church events, arts activities and more all add to the journey of enhancing their lives.

Studies show seniors who are socially connected have better health, a stronger sense of belonging, feel confident with their place in the world and experience stronger spiritual health.

You can make a difference! Please consider leading, volunteering or supporting a church led fundraiser.